

Menu is subject to change without notice

A Reminder to all families:

All meals are free to all students for the 2023 -2024 school year.

Dietary needs, please email: [youngr@link75.org](mailto:youngr@link75.org) or 207.729.2950 X7416

Steak & Cheese Sub

Broccoli Alfredo

w/Bread Stick

Side/ Steamed Broccoli

STAFF DEVELOPMENT

DAY

NO SCHOOL

Shepard’s Pie

w/WG Roll

Chicken Pot Pie

w/WG Roll

PIZZA DAY!

Buffalo Chicken Dip

w/Nacho Chips

Side/Fruit Cup

Beef Taco’s

Beef & Cheese Empanada’s

Side/Creamy Refried Beans

Pepperoni Bosco

Meatball Sub

Side/Strawberry Cup

Hotdogs

Corn Dog on a Stick

Side/Fun Chips

PIZZA DAY!

Monte Cristo

Side/Greek Pasta Salad

Chef’s Choice

**MARCH 2024**

Mt. Ararat Middle School

Calzone

Pizza Crunchers

Side/Sun Chips

Pancakes & Sausage

French Toast & Sausage

Side/Peach Cup

Plain or Buffalo Chicken

Tenders

Baked Ham & Cheese

Penne Pasta

Rodeo Burger

BBQ Grilled Chicken

w/Fried Rice

Side/Steamed Corn

Pazzo Bread w/Marinara

Broccoli & Cheddar Soup

w/Grilled Cheese on Sour

Dough Bread

Eagle Sampler

Chicken Fries, Wedges

Baked Cheese Sticks

Hot Ham & Cheese Croissant

Riblet Sub

Sloppy Joe

Side/Tater Tots

Mac & Cheese Bar

Original, Beef or Buffalo

Side/Garlic Toast

Chicken & Gravy

Over Mashed Potato

Baked Ravioli

Side/peas

Spaghetti & Meatballs

w/Garlic Bread

Big Mac Burger

Side/Broccoli Salad

Baked Chicken

Chicken Fingers

Side/Baked Wedges

Baked Ziti

Baked Manicotti

Side/WG Roll

Pineapple Cup